





THE LOYOLA LEAFLET Loyola Elementary School 770 Berry Avenue Los Altos CA 650.254.2400

http://loyolaschool.org

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Principal's Message



Dear Loyola Families

Resiliency

This is my word for the week. As we move into November and the holidays are around the corner, I continue to find I have used this word quite a bit. I don't know if it is that time of the year, days are shorter, less light, more activities at work or home, even the coolness is settling in and winter is around the corner. This can be a challenging time of year for many people.

However, I come back to the word resiliency. This word means the ability to go with the flow, bounce back from obstacles, to learn from the challenges that we face. The Webster dictionary defines *resiliency* as *the ability of something to return to its original shape after it has been pulled, stretched, pressed, bent, etc.* It is that time of year to dig deep as I like to say. I can see it with the students and sometimes in the parents' faces as well. Life is busy and we all can feel it at times. Resilience sometimes doesn't come automatic, sometimes we have to think about this idea and take a step back.

Again this word came to mind this afternoon at our Pumpkin Launching, and Angry Bird simulation through our STEM Tinker Club. For the past two weeks we have been working with students during lunch on catapults. Students have been building miniature catapults and testing the force and distance of objects we put in these devices. At lunch this week we have used a larger one to create an "Angry Bird" simulation. Students were lined up to get a chance to play and it was quite a fun activity reinforcing the lessons taught to students. However, today when I played, all I could think about was the word, "resiliency" as I launched the "Angry Bird" pumpkin into the cardboard boxes. Sometimes we are the pumpkin and sometimes we are the force behind the pumpkin. How we approach and reflect upon the different obstacles helps us become more resilient in our lives.

Thank you to all the parents and staff helping make this activity possible. The students were able to see a life size catapult in action. They had a clearer understanding of the stored energy, and the force and design play in this machine. I was able to reflect on our resiliency as we approach daily challenges and the importance of stored energy, force and design of conversations, and interactions we have here at Loyola School.

Sincerely,

Kimberly Attell, Principal 650-254-2400

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Twitter feed: https://twitter.com/LoyolaLions









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School and Community News

- The Book Fair is coming! The fair will be on campus during school hours from Nov 4-8, and we need your help! Please volunteer for this exciting event. Also, mark your calendar for our two special events: Books, Bagels, and Brew, a parent-centered event on Tuesday, Nov 5 from 8-10AM (come fulfill your child's wish list!), and our fabulous Family Fun Night on Wednesday, Nov 6th, from 5:30-7:30. (We'll have a taco bar, music, raffles, and great entertainment!)
- LAEF: Don't forget to mail your check! If you pledged a donation to LAEF during last week's phonathon--Thank You! Please send your check as soon as possible. Your child, your Loyola staff and the District appreciate and rely on your generous annual support. If you are increasing your donation over last year, remember that we need to receive it by tomorrow, November 1, in order to take advantage of the matching challenge grant. For a list of local companies that offer corporate matching funds, contact LAEF Executive Director Shobana Gubbi at 650-559-0445 or by email admin@laefonline.org.

LAEF Representatives at Loyola are:

- Kristine Bardman, <u>kbardman@yahoo.com</u>
- Holly Nath, hollynath01@gmail.com
- Jim Stuebner, jim.stuebner@sbcglobal.net
- Marilyn Stanley (Blach), marilyn@svpal.org
- Make Your Tax Deductible Donation Today! www.laefonline.org
- Red Ribbon Week is Almost Here! Loyola's Project Coordinator Representatives have been working hard to plan a fun Red Ribbon Week full of contests, dress-up days and fun activities. Please encourage your children to participate.
 - o Monday Macarena Monday kids can "dance away drugs" come dance the Macarena at recess and lunch!
 - o Tuesday Give Drugs "the boot" Everyone wear a pair of boots ... rain boots, cowboy boots, eggs ... anything goes!
 - o Wednesday "Turn Your Back on Drugs Day" Wear your clothes backwards!
 - Thursday "Let's Scare Away Drugs" on Halloween! Your kids can look forward to a fun "mummy wrapping" contest!
 - o Friday Red Day! We hope everyone in the school will wear red to help raise awareness to lead drug-free lives! The class with the most people participating will win a fun prize!

Be sure to click on the link for a handy flyer to remind you of the events. Thank you!

Bridget Stuebner & Samantha Waldbusser

Loyola's Student Council, Project Coordinators

- ReCyCle Bike Drive, Sunday, Nov 3, 10am-1pm at Blach and Egan Middle Schools: Donate your gently used bikes. GreemTown volunteers will wash them, put air in the tires and make repairs, as needed. The bikes will be redistributed to those in need. Volunteers will be collecting bikes at Blach and Egan Middle Schools this Sunday, Nov 3, 10am-1pm. Stop by during that time at either location, with your underutilized bikes. A needy student will thank you! Greentown could use a few bikes early on Sunday at Blach School to get our bike fixers started.
- Kicking the Plastic Habit, Monday, Nov 4, 7pm, Los Altos Library: Did you know that each year you end up bringing home about 100 pounds of plastic packaging you never intended to buy? Come hear Beth Terry, author of "Plastic Free: How I Kicked the Plastic Habit and How You Can Too." Learn how each of us, starting with baby steps, can do our part to protect our waterways, oceans and wildlife from plastic waste. Teresa Montgomery of Mission Trail Waste Systems will be on hand to answer questions about recycling and compost waste pickup and present info about plastics collection, recycling and "bio plastics." RSVPhttp://PlasticHabit.eventbrite.com
 - LASD STEM: Here is a DIY project you can do with your family. Create a LED Ghosties for Halloween! See Flyer.
- For LASD School & Community News Click here

